

## Flatwater North Sprint Club (FNS)

Whitehorse, Yukon

FNS board accepted FPY's Code of Conduct on July 16, 2018

## Flatwater Paddling Yukon (FPY)

CODES OF CONDUCT
PARENT - ATHLETE
Passed by board February 9, 2017

For personal development in the sport of paddling, the athlete, the athlete's parents or guardians, and coaches all play a critical role. To ensure that we work together to get the optimum benefits from sport, we all need to be on the same page regarding roles and responsibilities. We must understand and respect our relationship with the others and the commitments that are required as an athlete and parent of an athlete in the various Flatwater Paddling Yukon paddling programs and activities.

Paddling is a unique sport in that paddlers are exposed to many risks not associated with other sports (i.e. cold water, cold temperatures, environmental hazards, etc.). Coaches minimize the risks as best as possible, but need the support of athletes and parents for success. Safety is a primary concern and athletes need to be more actively involved and aware than in other sports.

The following Codes of Conduct have been developed to aid athletes in achieving a level of behaviour that will allow all concerned to maximize the benefits of paddling development and guide the athlete in becoming well-rounded and self-confident, while keeping safety in mind.

In order to participate in Flatwater Paddling Yukon paddling programs, activities and competitions, athletes and parents must read, understand, and sign their respective code of conduct.

If you ever have concerns regarding the various paddling programs please raise them with the Executive Director or a board member, who will then bring the concerns forward to the appropriate person.

## ATHLETE CODE OF CONDUCT

As an athlete with Flatwater Paddling Yukon I will:

- Abide by the rules set by my coaches and listen while they are talking.
- Work hard to improve my skills.
- Work hard at keeping up with my fellow paddlers even if I don't feel like it because my motivation directly impacts the paddlers around me.
- Be a team player. Learn teamwork, sportsmanship and discipline.
- Arrive early to make sure I am ready on time for practices and races.

- Come prepared to participate in outdoor flatwater paddling sports: (i.e. with appropriate clothing and equipment).
- Always be a good sport.
- Respect and refrain from public criticism of: coaches, teammates, parents, competitors, officials and volunteers.
- Treat everyone fairly, regardless of gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
- Abstain from use of tobacco, drinking alcoholic beverages, using illegal substances, or performance enhancing or mind-altering drugs.
- Conduct myself in an acceptable manner. The use of abusive, obscene or profane language or gestures will not be tolerated. Bullying will not be tolerated.
- Be an ambassador for my flatwater paddling community.

If an athlete is not able to fully participate in the paddling activities due to behaviour or attitude, parents will be asked to support the decision to remove child from the sport if the behaviour does not change.

## PARENT CODE OF CONDUCT

As a parent/guardian of an athlete with Flatwater Paddling Yukon:

- I will not force my child to participate in the sport of paddling.
- I will remember that my child paddles for personal enjoyment, not for mine.
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of an race/event.
- I will make my child feel like a winner every time by offering praise for trying hard and competing fairly.
- I will ask my child at the end of a session what they learned during the session instead of asking how they compared to other participants.
- I will never ridicule or yell at my child for making a mistake on the water or losing a competition they may have participated in.
- I will remember that children learn best by example. I will applaud good performances by both my child and their peers.
- I will never question the coach's judgment or honesty in public.
- I will support all efforts to remove verbal and physical abuse from children's sporting activities.